



1319 Apple Avenue
Silver Spring, MD 20910
301.587.7500
www.equalitymaryland.org

Transgender Resource Guide

Welcome to the Transgender Resource Guide. Inside you'll find helpful resources on a wide range of topics. From support for coming out to a list of SRS surgeons, we hope you find what you're looking for. Equality Maryland thanks Brother Help Thyself for providing the grant to make this guide possible.

DISCLAIMER: While we tried to only include those resources that came from reputable sources, Equality Maryland does not warranty these resources. Equality Maryland does not endorse any of the listed facilities, service providers or support groups.

If you have any comments, additions or feedback, please email info@equalitymaryland.org. This guide can also be found at <http://www.equalitymaryland.org/resourceguide.htm>.

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General Resources

Laura's Playground

Details: Support site that deals with gender queer people. Contains a large depository of resources for the community.

<http://www.lauras-playground.com>

Road Map

Details: Information on planning and executing the transition process

<http://www.tsroadmap.com>

Susan's Place Transgender Resources

Details: A large depository of resources for the community.

<http://www.susans.org>

Transgender Guide

Details: Another large depository of resources for the community. "We have one of the largest collections of informative texts on the web.

Whether you need help determining your size, coming out to your family, or learning about how the law affects you; the answer is right here!"

<http://www.tgguide.com>



Miscellaneous

Burgundy Crescent

Details: The purpose of Burgundy Crescent Volunteers (BCV) is twofold. First, they are a source of volunteers for local and national gay and gay-friendly community organizations in the Washington, DC area. Second, they bring gay, lesbian, bisexual, and transgender singles and couples together for volunteer activities that are social in nature.

<http://www.burgundycrescent.org>

Designs by Nicole

Details: Seamstress
18115 Georgia Ave Ste 202
Olney, MD 20832
301-580-4720

Helping Individual Prostitutes Survive

Details: HIPS' mission is to assist female, male, and transgender individuals engaging in sex work in Washington, DC in leading healthy lives. Utilizing a harm reduction model, HIPS' programs strive to address the impact that HIV/AIDS, STIs, discrimination, poverty, violence and drug use have on the lives of individuals engaging in sex work.

<http://www.hips.org>

PO Box 21394
Washington, DC 20009
202-232-8150
Hotline: 1-800-676-4477



Miscellaneous (cont'd)

Kischenna L. Coley

Details: Seamstress

<http://www.iversonmall.com/klc.htm>

KLC COUTURE

3847 Branch Avenue Suite 108 A

Temple Hills, MD

301-423-8646

Cell: 240-305-1313

Queers on Wheels

Details: Provides literature; teaches classes and workshops on sexuality and disability, works one-on-one with clients to provide whatever they need, and offers networking opportunities for physically disabled folks.

<http://www.queersonwheels.com>

208-247-4059

Rose M. Zarecky

Details: Style consultant

703-541-0055

The Intersex Society of North America (ISNA)

Details: The Intersex Society of North America (ISNA) is devoted to systemic change to end shame, secrecy, and unwanted genital surgeries for people born with an anatomy that someone decided is not standard for male or female.

<http://www.isna.org/>

Transster.com

Details: This website is a photo repository of female to male (FTM) gender reassignment surgeries. A login ID and password are required to use Transster.com.

<http://www.transster.com/>



Advocacy

Advocates for Youth

Details: Advocates for Youth is dedicated to creating programs and advocating for policies that help young people make informed and responsible decisions about their reproductive and sexual health. Advocates provides information, training, and strategic assistance to youth-serving organizations, policy makers, youth activists, and the media in the United States and the developing world.

<http://www.advocatesforyouth.org/glbtc.htm>

2000 M. St. NW

Washington, DC 20036

202-418-3420

Coalition for Positive Sexuality (CPS)

Details: CPS is dedicated to real and honest education on sex and sexuality.

<http://www.positive.org>

PO Box 77212

Washington, DC 20013

773-604-1654

DC Trans Coalition

Details: United to improve the lives of trans people in our nation's capital.

<http://www.dctc.squarespace.com>

202-917-0446

Equality Maryland

Details: Equality Maryland is Maryland's largest lesbian, gay, bisexual, and transgender (LGBT) civil rights organization, focused on making life better for LGBT Marylanders and their families.

<http://www.equalitymaryland.org>

1319 Apple Ave

Silver Spring, MD 20910

301-587-7500



Advocacy (cont'd)

Equality Virginia

Details: Equality Virginia is a statewide, non-partisan lobbying, education and support network for the gay, lesbian, bisexual, transgender, and straight allied (GLBT) communities in Virginia.

<http://www.equalityvirginia.org>

403 N. Robinson Street

Richmond, VA 23220

804-643-4816

Family Equality Council

Details: The Family Equality Council works to ensure equality for LGBT families by building community, changing hearts and minds, and advancing social justice for all families.

<http://www.familyequality.org>

Gay and Lesbian Activists Alliance

Details: Gay and Lesbian Activists Alliance (GLAA) The Gay and Lesbian Activists Alliance of Washington, DC, is a local, all-volunteer, non-partisan, non-profit political organization, founded in 1971 to advance the equal rights of gay men and lesbians in Washington, DC. We are the nation's oldest continuously active gay and lesbian civil rights organization.

<http://www.glaa.org>

PO Box 75265

Washington, DC 20013

202-667-5139



Advocacy (cont'd)

Gender Public Advocacy Coalition

Details: The Gender Public Advocacy Coalition works to ensure that classrooms, communities, and workplaces are safe for everyone to learn, grow, and succeed - whether or not they meet expectations for masculinity and femininity.

<http://www.gpac.org>

1721 Connecticut Ave. NW

Washington, DC 20009

202-462-6610

Get Busy. Get Equal. ACLU

Details: A project from ACLU.

<http://gbge.aclu.org/content/view/23/46/>

Lambda Legal

Details: Lambda Legal is the oldest national organization pursuing high-impact litigation, public education and advocacy on behalf of equality and civil rights for lesbians, gay men, bisexuals, transgender people and people with HIV

<http://www.lambdalegal.org/>

212-701-3455

National Black Justice Coalition

Details: The National Black Justice Coalition is a civil rights organization of Black lesbian, gay, bisexual and transgender people and our allies dedicated to fostering equality by fighting racism and homophobia. The Coalition advocates for social justice by educating and mobilizing opinion leaders, including elected officials, clergy, and media, with a focus on Black communities

<http://www.nbjcoalition.org>

1725 I Street, NW Suite 300

Washington, DC 20006

202-349-3756



Advocacy (cont'd)

National Center for Transgender Equality (NCTE)

Details: NCTE is a social justice organization dedicated to advancing the equality of transgender people through advocacy, collaboration and empowerment.

<http://www.nctequality.org>

1325 Massachusetts Avenue NW, Suite 700

Washington, DC 20005

202-903-0112

National Network for Youth

Details: National non-profit organization that provides education, networking, training, materials, and policy work with lawmakers. Focus on needs of disconnected youth through advocacy, innovation, and services.

<http://www.nn4youth.org>

1319 F St, NW, Suite 401

Washington, DC 20004

202-783-7949

info@nn4youth.org

National Youth Advocacy Coalition (NYAC)

Details: "A social justice organization that advocates for and with young people who are lesbian, gay, bisexual, transgender, or questioning (LGBTQ) in an effort to end discrimination against these youth and to ensure their physical and emotional well being."

<http://www.nyacyouth.org>

1638 R St NW, Suite 300

Washington, DC 20009

202-319-7365



Advocacy (cont'd)

The Gay, Lesbian, and Straight Education Network (GLSEN)

Details: GLSEN, or the Gay, Lesbian & Straight Education Network, is a national education organization working to ensure safe schools for ALL students, regardless of sexual orientation and gender identity.

<http://www.glsen.org>

202-293-3358

The Human Rights Campaign

Details: The Human Rights Campaign is America's largest civil rights organization working to achieve gay, lesbian, bisexual and transgender equality.

<http://www.hrc.org>

1640 Rhode Island Ave

Washington, DC 20036

1-800-777-4723

The National Coalition for LGBT Health

Details: The National Coalition for Lesbian, Gay, Bisexual and Transgender Health is committed to improving the health and well-being of lesbian, gay, bisexual and transgender individuals and communities through public education, coalition building and advocacy that focus on research, policy, education and training.

<http://www.lgbthealth.net>

1325 Massachusetts Ave, NW, Suite 705

Washington, DC 20005

202-558-6828



Advocacy (cont'd)

The National Gay and Lesbian Task Force

Details: The National Gay and Lesbian Task Force works to build the grassroots political power of the LGBT community in order to attain complete equality. We do so through direct and grassroots lobbying to either help defeat anti-LGBT ballot initiatives and other measures or help push pro-LGBT legislation and other measures.

<http://www.thetaskforce.org>

1325 Mass. Ave, NW Suite 600

Washington, DC 20005

202-393-5177

Transgender Equality: A Handbook for Activists and Policymakers

Details: A downloadable guide to trans activism from the Policy Institute of the National Gay and Lesbian Task Force and the National Center for Lesbian Rights.

http://gbge.aclu.org/images/stories/transgender_equality_a_handbook_for_activists_and_policymakers.pdf



Faith

Damien Ministries

Details: Damien Ministries seeks to reach out to those people living with HIV and AIDS whose needs are not met by other social service agencies through its ministries of prayer, communal support, pastoral care, advocacy and direct services

<http://www.damienministries.org>

2200 Rhode Island Ave, NE

Washington, DC 20018

202-526-3020

Dignity/Washington

Details: A community of GLBT Catholics and other Christians, our families and friends. They provide a "healing outreach to GLBT Catholics and other people by affirmation that they are beloved children of God." They "gather together to establish a nurturing community of worship, blessing, celebration, ministry, spiritual development, education, and fellowship."

<http://www.dignitywashington.org>

PO Box 15279

Washington, DC 20004-0279

202-546-2235

Interfaith Coalition of Maryland

Details: Directory of inclusive and welcoming places of worship in the Maryland region. Online version is currently unavailable, but check back soon for the updated 2008 directory.

<http://www.ifcmd.info/16.html>

P.O. Box 13132

Baltimore, MD 21203-3132

410- 233-5555

info@ifcmd.org



Legal - General Legal

ACLU of Maryland

Details: The ACLU of Maryland has launched a new Civil Liberties Complaint Line.

<http://www.aclu-md.org>

443-524-2558 Tuesday and Thursday between 1:00-3:00 PM

ACLU's Transgender Resources

Details: Great range of resources from the ACLU

<http://gbge.aclu.org/content/blogcategory/39/58/>

Amending Birth Certificates to Reflect Your Correct Sex

Details: Instructions for Changing Name and Sex on Birth Certificate

<http://www.drbecky.com/birthcert.html>

Gay Law

Details: GAYLAW is an independent, non-partisan bar association serving gay, lesbian, bisexual, and transgender lawyers, law students, and legal professionals in the DC area. They do not provide any legal assistance.

<http://www.gaylaw.org>

Lambda Legal

Details: Lambda Legal works on high-impact litigation, public education and advocacy on behalf of equality and civil rights for lesbians, gay men, bisexuals, transgender people and people with HIV.

<http://www.lambdalegal.org>

Help Desk 212-809-8595



[Legal - General Legal \(cont'd\)](#)

People's Law

Details: A site dedicated to information on current laws in Maryland.
<http://www.peoples-law.org>

People's Law - How to change your name

Details: A how-to on changing your name in Maryland.
http://www.peoples-law.org/name_change/how_name_change.htm

Transgender People and the Law (ACLU)

Details: Frequently Asked Questions on transgender legal issues
http://www.aclu.org/lgbt/transgender/kyr_transgender.html



Legal - Direct Legal Services

ACLU of Maryland

Details: The ACLU has launched a new Civil Liberties Complaint Line.

<http://www.aclu-md.org>

443-524-2558 Tuesday and Thursday between 1:00-3:00 PM

Baltimore Community Relations Commission

Details: In Baltimore City, discrimination on the basis of gender identity and expression is illegal in employment, housing, credit, and public accommodations. The Baltimore Community Relations Commission is the City Agency that investigates claims of discrimination and assists people who have been discriminated against to enforce the laws that protect them. The Baltimore CRC can only investigate acts of discrimination that occur in Baltimore City.

<http://www.baltimorecity.gov/government/community.html>

10 N. Calvert St, Suite 915; Baltimore, MD 21202

410-396-3141

Free State Clinic, LGBT Legal Project

Details: The Free State Clinic legal project was initially proposed by law students at the University of Maryland and the University of Baltimore, as well as several area lawyers, who observed an unmet need for affordable legal services in the LGBT community. Projected to open September 2008!

<http://www.freestateclinic.org>

Univ. of Maryland School of Law

LGBT Law Student Alliance

500 W. Baltimore St.

Baltimore, Md. 21201

410- 625-9409

Maryland Human Relations Commission

Details: The Commission is able to investigate some complaints of discrimination against transgender individuals

<http://www.mchr.state.md.us/complaintintro.html>



Medical and Health - Aesthetics

Bill at Capelli Hair & Skin Spa

Details: Hair Dresser
6112 Arlington Blvd.
Falls Church, VA 22044
703-241-5971

Classic Curves International

Details: Breast Forms
<http://www.clcrv.com/>

Diane Hamou, LE, CPE, Est.

Details: Electrolysis
Electrolysis & Skin Care of Silver Spring
651 Bryants Nursery Road
Silver Spring, MD 20905
301-384-3667

Donna Yaglom

Details: Electrolysis
10204 Daphney House Way, Rockville, MD, 301-424-7050

I'm Still Me, LLC, Post-Cancer Boutique

Details: Breast Forms
<http://www.imstillmellc.com/>
5439 Old Alexandria Turnpike
Warrenton, VA 20187
540-878-2136



Medical and Health - Aesthetics (cont'd)

Jackie Legare, Bay Electrolysis & Skincare Spa

Details: Electrolysis, esthetician and permanent cosmetic technician.

jackielegare@msn.com

1916 S. Crain Hwy, Suite #6

Glen Burnie, MD 21061

410-766-5419

Judy Mann

Details: Hair Dresser

Ernst & Company

7227 Commerce Street

Springfield, VA 22150

703-644-4600

Mary Della-Davis, L.E.

Details: Electrolysis

Mt. Washington Village

1621 Sulgrave Avenue

Batlimore, MD 21209

410-578-0033

Mary Ellen Ebersole, RN, LE, CPE

Details: Electolysis: "I and my daughter Eileen Collins are happy to work with anyone who is a candidate for our services. I usually do not answer the phone. Too many solicitors. I do return every inquiry. We do not have...support staff. There is no charge for talk time either on phone or in the office." SOURCE: Laura's Playground

maryellene@starpower.net

Century Plaza (downtown Columbia)

10632 Little Patuxent Parkway, Suite 441

Columbia, MD. 21044

and a second office in Laurel, MD

410- 720-4245



Medical and Health - Aesthetics (cont'd)

Maureen C. Schantz, CPE

Details: Electrolysis
Alternative Health Associates
215 N. Washington Street
Alexandria VA
703-683-5736

Mona Wexler, CPE Hair Free Electrolysis LLC

Details: Electrolysis
<http://www.iamhairfree.com>
7315 Wisconsin Ave, Suite 110E
Bethesda, MD20814
and a second office in Potomac, MD
301-986-4986

Patricia Bardavid, R.N., C.P.E.

Details: Electrolysis
<http://www.laserplus.bz/>
Laser Plus Electrolysis Centers
380 Maple Avenue, West
Suite 301
Vienna, VA 22180
703.281.1877
Laser Plus Electrolysis Centers
44081 Pipeline Plaza, Suite 200
Ashburn, VA 20147
703-726-9990



Medical and Health - Aesthetics (cont'd)

Sally MacAleer, LEI, CPE Electrolysis of Frederick

Details: Electrolysis

<http://www.electrolysisfrederick.com>

198 Thomas Johnson Drive, #9

Frederick, MD 21702

301-663-0062

Soheila Biria

Details: Electrolysis

soheila@netzero.net

5846 Hubbard Drive

Rockville, MD 20852

301-770-1133

Susan Keyes

Details: Electrolysis

Falls Church Electrolysis

131 Broad Street, Suite 203

Falls Church, VA 22046

703-532-5561

The Breast Form Store

Details: Breast Forms

<http://www.thebreastformstore.com/>

The Enhancement Corporation of America

Details: Breast Forms

<http://www.enhancementcorp.com/cross-transgender-mastectomy-wcforms.htm>



Medical and Health - Aesthetics (cont'd)

Transgender Care

Details: Contains a large archive of health information

<http://www.transgendercare.com/default.asp>

Transgender Friendly Electrologist and Laser Hair Removal List (provided by Laura's Playground)

Details: List of Transgender Friendly Electrologist and Laser Hair Removal Service Providers

http://www.lauras-playground.com/transgender_electrologist_list.htm



Medical and Health - Health Education

Gay Health

Details: Gay Health is the first health and wellness website dedicated to LGBT men and women. Staffed by professionals from within our own community, the site provides easy access to accurate, current vital health information.

<http://www.gayhealth.com>

GLBT National Health Center

Details: The Gay, Lesbian, Bisexual and Transgender National Hotline provides telephone and email peer-counseling, as well as factual information and local resources for cities and towns across the United States.

<http://www.glnh.org/>
1-800-843-4564

Immunization Action Coalition

Details: Information on Hepatitis A and B, as well as, immunizations for both

<http://www.immunize.org/catg.d/p4115.htm>
651-647-900

MD Department of Health and Mental Hygiene

Details: Information on health services

<http://www.dhmf.state.md.us/>
201 W. Preston St.
Baltimore, MD 21201
301-225-5025



Medical and Health - Health Education (cont'd)

North American Syringe Exchange Network

Details: Dedicated to the creation, expansion and continued existence of syringe exchange programs as a proven method of stopping the transmission of blood borne pathogens in the injecting drug using community

<http://www.nasen.org>

253-272-4857

The National Coalition for LGBT Health

Details: The National Coalition for LGBT Health is committed to improving the health and well-being of lesbian, gay, bisexual and transgender individuals and communities through public education, coalition building and advocacy that focus on research, policy, education and training.

<http://www.lgbthealth.net>

1325 Massachusetts Ave, NW, Suite 705

Washington, DC 20005

202-558-6828

The World Professional Association for Transgender Health, Inc (WPATH) (formerly Harry Benjamin International Gender Dysphoria Association, Inc.)

Details: As an international multidisciplinary professional Association the mission of HBIIGDA is to promote evidence based care, education, research, advocacy, public policy and respect in transgender health.

<http://www.wpath.org>

Transgender Care

Details: Contains a large archive of health information

<http://www.transgendercare.com/default.asp>



Medical and Health - Health Education (cont'd)

Us Helping Us

Details: Us Helping Us specializes in HIV/AIDS Prevention and Care services for black gay and bisexual men.

<http://www.uhupil.org>

3636 Georgia Ave, NW

Washington, DC 20010

202-446-1100

THE World Professional Association for Transgender Health (WPATH) Standards Of Care

Details: The WPATH Standards of Care for Gender Identity Disorders articulate WPATH's professional consensus about the psychiatric, psychological, medical, and surgical management of gender identity disorders.

http://www.wpath.org/publications_standards.cfm



Medical and Health - Medical

Ace Lipson

Details: Endocrinologist
<http://acelipsonmd.com/>
1120 19th Street, N.W. Suite 200
Washington, DC 20036
202-296-3443

Beth Davis

Details: Acupuncturist
405 N. Washington St., Suite 102
Falls Church, VA 22046
703-863-4292

Beverly Fischer, M.D.

Details: Female to Male top surgery
beverly@beverlyfischer.com
12205-12207 Tullamore Rd
Timonium, MD 21093
410-308-4700

Capital Area Physicians for Human Rights Health Care Provider Contact List

Details: CAPHR maintains this list as a service for the Gay, Lesbian, Bisexual, and Transgender community.
<http://www.caphr.org> and click the link for Health Care Provider Contact List
PO Box 53221
Washington, DC 20009
202-943-518



Medical and Health - Medical (cont'd)

Carl Vogel Center

Details: Provides multidisciplinary and integrated health care that responds to existing and emerging needs of people with HIV and AIDS

<http://www.carlvogelcenter.org>

1012 14th St, NW, Suite 700

Washington, DC 20005

202-638-0750

Chase Brexton Health Services, Inc

Details: Chase Brexton Health Services, Inc., is a provider of patient-centered interdisciplinary health care for diverse communities including those individuals who are gay, lesbian, bisexual, and transgender; HIV infected and affected; and all others who face barriers accessing quality health care.

<http://www.chasebrexton.org>

1001 Cathedral St

Baltimore, MD 21201

410-486-5991

Immunization Action Coalition

Details: Information on Hepatitis A and B, as well as, immunizations for both

<http://www.immunize.org/catg.d/p4115.htm>

651-647-900

Kathy L. Rumer

Details: SRS Surgeon

Delaware Valley Aesthetics

19 Montgomery Avenue

Bala Cynwyd, PA 19004

215-808-9268



Medical and Health - Medical (cont'd)

Latino Services- Whitman Walker Clinic

Details: Ensures that the Latino community has access to HIV/AIDS programs and services. In addition, staff provides bridges between the growing Latino community, the Clinic and other service providers throughout the greater metropolitan Washington area.

<http://www.wwc.org>

5232 Lee Highway

Arlington, VA 22207

703-237-4900

Lesbian Services Program (LSP) - Whitman Walker Clinic

Details: LSP is committed to meeting the health and wellness needs of lesbians, bisexual women, and transgender people in the Washington, DC metro area.

http://www.wwc.org/GLBT_health_services/lesbian_services_program.html

Street address:

1810 14th St., N.W

Washington, DC

Mailing address:

1407 S St., N.W.

Washington, D.C. 20009

202-797-3580

lsp@wwc.org

Maryland Department of Health and Mental Hygiene

Details: Information on health services

<http://www.dhmh.state.md.us/>

201 W. Preston St.

Baltimore, MD 21201

301-225-5025



Medical and Health - Medical (cont'd)

Michell Magee

Details: Endocrinologist
110 Irving Street
Washington, DC 20010
202-877-6563

North American Syringe Exchange Network

Details: Dedicated to the creation, expansion and continued existence of syringe exchange programs as a proven method of stopping the transmission of blood borne pathogens in the injecting drug using community
<http://www.nasen.org>
253-272-4857

Robert Vigersky

Details: Endocrinologist
5801 Allentown Road, Suite 500
Camp Springs, MD
301-899-7713

Sharon Sethi, MD

Details: OB/GYN
3700 Joseph Siewick Drive #207
Fairfax, VA 22033
703-476-5200

Stephen Smith

Details: Endocrinologist
4116 E. Northern Parkway
Baltimore, MD
410-882-0808



Medical and Health - Medical (cont'd)

Transgender Care

Details: Contains a large archive of health information
<http://www.transgendercare.com/default.asp>

Whitman-Walker Clinic

Details: Trans Affirmative Care. Community-based health organization serving the Washington, DC region. Multiple locations and multiple layers of service for the GLBT community and people affected by HIV/AIDS. Care available on sliding scale. They also accept insurance plans
http://www.wwc.org/GLBT_health_services/transhealth.htm
1407 S Street, NW
Washington, DC 20009
202-939-7690



Medical and Health - Mental Health

Chase Brexton Health Services, Ince

Details: Chase Brexton Health Services, Inc. is a provider of patient-centered interdisciplinary health care for diverse communities including those individuals who are gay, lesbian, bisexual, and transgender; HIV infected and affected; and all others who face barriers accessing quality health care.

<http://www.chasebrexton.org>

1001 Cathedral St
Baltimore, MD 21201
410-486-5991

Christine Henry, Ph.D

Details: Therapist
104 Valley Road
Bethesda, MD 20816, 202-333-8311

Dr. Christine Y. Henny, Ph.D.

Details: Therapist
104 Valley Road
Bethesda, MD 20816
301-229-7113

Dr. Gregory K. Lehne, PhD, PA

Details: Therapist
4419 Falls Road at Cold Spring Lane
Baltimore, MD 21211
410-366-0642

Eleanor Criswell, Ph.D

Details: Therapist
312 S Washington Street, Suite 3B
Alexandria, VA 22314
703-748-4900



Medical and Health - Mental Health (cont'd)

GLBT National Health Center

Details: The Gay, Lesbian, Bisexual and Transgender National Hotline provides telephone and email peer-counseling, as well as factual information and local resources for cities and towns across the United States.

<http://www.glnh.org/>
1-800-843-4564

Harundale Youth & Family Services

Details: Therapist
PO Box 1228
Glen Burnie, MD 21061
301-768-1110

Hearts and Ears

Details: Hearts & Ears, Inc. is a non-profit organization for Lesbian, Gay, Bisexual and Transgender individuals with mental health issues and concerns. Drop in hours: Tuesday, Thursday, and Saturday 4:00 pm - 9:00 pm and Sunday 1:00 pm - 6:00 pm.

<http://www.heartsandears.org>
10 W. Biddle St
Baltimore, MD
410-528-0444

Hearts and Ears: Dual Recovery Anonymous

Details: Tuesdays 6:30 - 7:30 pm: Dual Recovery Anonymous
This group's primary purpose is to assist individuals who are dually diagnosed with both a chemical dependency and with a mental illness. DRA's meetings help to prevent relapse and assist with carrying the message of recovery with persons who have a desire to manage both alcohol and other intoxicating drugs.

<http://heartsandears.org/groups.html>
10 W. Biddle St
Baltimore, MD
410-528-0444



Medical and Health - Mental Health (cont'd)

Kate Thomas, PhD

Details: Therapist
kthoma36@jhmi.edu
2360 W. Joppa Rd.
Joppa Concourse/Suite 219
Lutherville, MD 21093
410-616-7152

Martha L. Harris, LCSW, CHT, TFT

Details: Therapist
<http://www.banyancounselingcenter.com>
2820 School Street
Alexandria, VA 22303
703-717-0999

Maryland Department of Health and Mental Hygiene

Details: Information on health services
<http://www.dhmh.state.md.us/>
201 W. Preston St.
Baltimore, MD 21201
301-225-5025

Rusty Lynn, LCSW

Details: Therapist
4835 Del Ray Avenue
Bethesda, MD 20814
301- 652-6448

Sexology Associates, Inc., H. Martin Malin, Ph.D.

Details: Therapist
2114 N Charles St. Ste 3
Baltimore, Md. 21218
410-528-1638



Medical and Health - Mental Health (cont'd)

The Lambda Center

Details: A Washington, DC based mental health, substance abuse and addictions treatment center specifically designed for the GLBT communities. The Lambda Center provides inpatient care, a partial hospitalization treatment program, and intensive group therapies. A partnership of Whitman-Walker Clinic and the Psychiatric Institute of Washington

<http://www.thelambdacenter.com>

4228 Wisconsin Ave, NW

Washington, DC 20016

202-885-5610

Transgender Care

Details: Contains a large archive of health information

<http://www.transgendercare.com/default.asp>

Uzi Ben-Ami, Ph.D.

Details: Therapist

205 Watts Branch Parkway

Rockville, MD 20850

301-424-1941

Whitman-Walker Clinic

Details: The Behavioral Health Care programs of Whitman-Walker Clinic promote the mental health of gay, lesbian, bisexual and transgender people and people living with HIV/AIDS and their loved ones through a wide variety of both professional and peer based services.

http://www.wwc.org/common/mental_health_main.html

1701 14th St, NW

Washington, DC 20009

202-745-7000



Parents and Families of Transgender Individuals

Advocates for Youth

Details: A great resource for both GLBTQ youth, parents of GLBTQ youth, and adults who work with youth

<http://advocatesforyouth.org/glbqtq.htm>

202-347-5700

Chi Epsilon Sigma

Details: Chi Epsilon Sigma (CES) is a family-oriented educational and social support group for heterosexual crossdressers, their spouses, partners, and families. Based in Baltimore

<http://www.wildrose.org>

PO Box 505, Brooklandville, MD21022

Email Webform: <http://www.wildrose.org/www/membershipinquiry.php>

Families In TRANSition

Details: The first comprehensive publication to address the needs of parents and families supporting their trans children. Families in TRANSition summarizes the experiences, strategies, and successes of a working group of community consultants - researchers, counsellors, parents, advocates as well as trans youth themselves.

http://www.ctys.org/about_CTYS/FamiliesInTransition.htm

416-924-2100

Families Like Mine

Details: Book on children of LGBT parents

<http://www.familieslikemine.com>

Harundale Youth & Family Services

Details: Family counselling

PO Box 1228

Glen Burnie, MD 21061

301-768-1110



Parents and Families of Transgender Individuals (cont'd)

Parents, Family and Friends of Lesbians and Gays (PFLAG) Transgender Network

Details: PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends

<http://community.pflag.org/NETCOMMUNITY/Page.aspx?pid=380&srcid=194>

PFLAG Bel Air/ Susquehanna

Details: PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends

<http://groups.yahoo.com/group/Pflagbelair/>
410-879-5139

PFLAG Columbia/Howard County

Details: PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends

<http://www.pflagmd.org/>
410-290-8292

PFLAG Frederick

Details: Support group for LGBT teens and allies.

<http://www.pflagcentralmd.org/>
(day) 301-695-5210 (evenings) 301-834-7020

PFLAG Lexington Park/St. Mary's

Details: PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends

<http://www.geocities.com/westhollywood/9671>

PFLAG Steenville/Eastern Shore

Details: PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends

410-643-3235



Parents and Families of Transgender Individuals (cont'd)

PFLAG Washington, DC/Metro Area

Details: PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends

<http://www.pflagdc.com>

202-638-3852

The Gay, Lesbian, and Straight Education Network (GLSEN)

Details: GLSEN is a national education organization working to ensure safe schools for all students, regardless of sexual orientation and gender identity. They have good information on starting a Gay Straight Alliance at your school.

<http://www.glsen.org>

202-293-3358

Trans Spectrum - Lesbian Services Provider

Details: Offered two-four times a year - 10-week psychosocial and education group for gender queers aged 18-25 who are experiencing some conflict/ambiguity around gender identity and sexual orientation.

Registration is required.

http://www.wwc.org/GLBT_health_services/lspgroups.htm

202-797-3580

Email: lspwwc.org

Transitional Male

Details: Educational website for trans men, friends, family, and significant other.

<http://www.thetransitionalmale.com/SiteIndex2>



Social Services

Carlos Enrique Cisneros Scholarship

Details: Funds scholarships benefiting LGBT undergrad and grad students of distinction at American University

<http://www.pointfoundation.org/scholarships/cisneros.html>

201 Mary Graydon Center
4400 Massachusetts Ave, NW
Washington, DC 20016
202-885-3347

Financing Gender Reassignment Surgery

Details: Article on financing gender reassignment surgery

<http://www.tgguide.com/Library/financing-gender-reassignment.htm>

Maryland Department of Health and Mental Hygiene AIDS Administration - MSM, Transgender, and Sexual Minority Youth Project

Details: Community-based organizations in urban areas provide men who have sex with men (MSM) and transgender populations evidence-based, HIV-prevention interventions including Healthy Relationships and POWER. Providers are also receiving Living Out Loud: How To Serve Transgender Clients Where They Are, a cultural competence training for serving transgenders.

<http://dhmh.state.md.us/AIDS/index.html>

500 North Calvert Street
5th Floor, Baltimore
Maryland 21202
410-767-5227 or 1-800-358-9001

PFLAG National Scholarships Program

Details: Funds scholarships nationwide

<http://community.pflag.org/NETCOMMUNITY/Page.aspx?pid=370&srcid=212>

1726 M St, NW Suite 400
Washington, DC 20036
202-467-8180 x 220



Social Services (cont'd)

Road Map

Details: A roadmap to financing the transition process.

<http://www.tsroadmap.com/reality/finance/finance.pdf>

Wanda Alston and Christopher Salazar Scholarships

Details: Open to all people at any educational level and under the age of 25. Eligibility is restricted to those residing in the District of Columbia Metropolitan area.

www.youthpridedc.org

Washington, DC



Support - General

Chi Epsilon Sigma

Details: Chi Epsilon Sigma (CES) is a family-oriented educational and social support group for heterosexual crossdressers, their spouses, partners, and families. Based in Baltimore

<http://www.wildrose.org>

PO Box 505, Brooklandville, MD21022

Email Webform: <http://www.wildrose.org/www/membershipinquiry.php>

Gay, Lesbian, Transgender Community Center of Baltimore (GLCCB)

Details: The GLBT Community Center of Baltimore and Central Maryland seeks to achieve equality, understanding, and respect for the diversity of the greater Baltimore GLBT community while also providing quality support services, facilities, and professional resources for the development and well-being of individuals and groups.

<http://www.glccb.org>

241 W. Chase st. Baltimore, Md 21201

401-837-888

Gender Identity Group (GIG) - GLCCB

Details: Gender Identity Group (GIG) - A support group for anyone who is transgender, gender queer, or anyone who varies from traditional gender expression. Meets every 2nd Saturday at 8:00 p.m.

<http://groups.yahoo.com/group/giginmd> or

www.myspace.com/gender_identity_group.

241 W. Chase St, Baltimore, MD 21201

410-837-5445

gig@glccb.org

Hagerstown TGs

Details: This is a group formed for the support of Transgendered people in and around the area of Hagerstown, MD and those who support them

<http://groups.yahoo.com/group/hagerstowntgs/>

HagerstownTGs@yahoogroups.com



Support - General (cont'd)

Hearts and Ears

Details: Our mission is to advance the empowerment of LGBT individuals who utilize mental health services through support, advocacy, raising awareness, and educational opportunities.

<http://www.heartsandears.org>

10 W. Biddle St, Baltimore, MD

410-528-0444

heartsandears@toast.net

Hearts and Ears: Peer Support Group

Details: Thursdays 6:30 - 7:30 pm: Peer Support Group

This group meets in a safe environment with an open forum format where individuals discuss social, personal, mental health and GLBT related issues.

<http://heartsandears.org/groups.html>

10 W. Biddle St, Baltimore, MD

410-528-0444

heartsandears@toast.net

Lesbian Services Program - Whitman Walker Clinic

Details: LSP is committed to meeting the health and wellness needs of lesbians, bisexual women, and transgender people in the Washington, DC metro area.

<http://www.wwc.org/lsp/>

street address: 1810 14th St., N.W. mailing address: 1407 S St., N.W.,
Washington, D.C. 20009

202-797-3580

lsp@wwc.org

Susan's Place - Support Groups

Details: A place to seek and share information about local support groups in your area. Help others find the help they need!

http://www.susans.org/Support_Groups/



Support - General (cont'd)

The Lambda Center

Details: A Washington, DC based mental health, substance abuse and addictions treatment center specifically designed for the GLBT communities. The Lambda Center provides inpatient care, a partial hospitalization treatment program, and intensive group therapies. A partnership of Whitman-Walker Clinic and the Psychiatric Institute of Washington

<http://www.thelambdacenter.com>

4228 Wisconsin Ave, NW

Washington, DC 20016

202-885-5610

Trans Equality Maryland

Details: TransEquality Maryland, a committee of Maryland's statewide LGBT advocacy organization, was born out of MATTER (Marylanders Advocating Towards Transgender Equal Rights). The goal of the committee is to work towards local and statewide legal protections on the basis of gender identity or expression.

<http://groups.yahoo.com/group/transequitymaryland/>

Email: transequitymaryland-subscribe@yahoogroups.com

Trans Spectrum - Lesbian Services Program

Details: Offered two-four times a year - 10-week psychosocial and education group for gender queers aged 18-25 who are experiencing some conflict/ambiguity around gender identity and sexual orientation.

Registration is required.

http://www.wwc.org/GLBT_health_services/lspgroups.htm

202-797-3580; email: lspwwc.org

Transgender Care

Details: Contains a large archive of health information

<http://www.transgendercare.com/default.asp>



Support - Coming Out

Center for Gender Sanity

Details: "Transitions That Work is a consulting service for transsexuals who plan to transition on the job, their coworkers, and their employers."

<http://www.gendersanity.com/index.shtml>

360-398-2878

director@gendersanity.com

Human Rights Campaign and the National Center for Transgender Equality: Coming Out As Transgender

Details: This guide was designed to help you and your loved ones through the coming out process in realistic and practical terms. It acknowledges that the experience of coming out covers the full spectrum of human emotion - from paralyzing fear to unbounded euphoria. The Human Rights Campaign and its Coming Out Project and the National Center for Transgender Equality hope this guide helps you meet the challenges and opportunities that living authentically can offer to each of us.

http://www.hrc.org/about_us/7047.htm

Trans Maryland - GLCCB

Details: Main site for GLCCB's support groups

<http://www.transmaryland.org>



Support - Domestic Violence

DC Coalition Against Domestic Violence

Details: A resource for the thousands of adults and children experiencing domestic violence in the District each year, with specific GLBT outreach.

www.dccadv.org

5 Thomas Circle, NW

Washington, DC 20005

202-299-1193

The Community Anti-Violence Project (CAVP)

Details: CAVP is a program of TurnAround, Inc. serving victims of rape, sexual assault, and domestic violence in Baltimore's GLBT community.

Offers counseling services and community outreach/education.

410-377-8111



Support - Female to Male TGs

DC Area Transmasculine Society (DCATS)

Details: DCATS is a diverse group. The term "transmasculine" is core to DCATS' spirit of inclusiveness. We acknowledge, welcome, and celebrate the wide range of transgender identities that our members have. Our Members Include transmen, drag kings, FTMs, gender questioning, genderqueer, gender variant, intersexed, and bois
<http://www.dcatsinfo.org/>

FTM International (FTMI)

Details: Serving the FTM community. FTMI is in its 22nd year of providing inclusive and informative peer support and community building events. FTMI provides connection and community to FTMs worldwide. We gather together at chapter meetings, film screenings, author readings, guest speaker events, creative performances, marches, Day of Remembrance ceremonies and educational conferences like the annual California Transgender Leadership Summit co-sponsored by FTMI, Gender Odyssey and more where we share our experiences and empower our members to be leaders.
<http://www.ftmi.org/>

GIG - Baltimore Trans-Masculine Alliance (GLCCB)

Details: GIG: Baltimore Trans-Masculine Alliance is GIG's FTM support group that meets on the 4th Saturday at 6:00 pm.
<http://www.myspace.com/btma>
241 W. Chase St
Baltimore, MD 21201
410-837-5445
btma@glccb.org

Transitional Male

Details: Educational website for trans men, friends, family, and significant other.
<http://www.thetransitionalmale.com/SiteIndex2>



Support - Male to Female TGs

GIG - Tran*quility (GLCCB)

Details: GIG: Tran*quility is GIG's MTF support group that meets on the 4th Saturday at 8:00pm.

<http://www.glccb.org/Main/programs-trans.htm>

241 W. Chase St

Baltimore, MD 21201

410-837-5445

tranquility@glccb.org



Support - Spouse/Partners of TGs

Chi Epsilon Sigma

Details: Chi Epsilon Sigma (CES) is a family-oriented educational and social support group for heterosexual crossdressers, their spouses, partners, and families. Based in Baltimore

<http://www.wildrose.org>

PO Box 505, Brooklandville, MD21022

Email Webform: <http://www.wildrose.org/www/membershipinquiry.php>

FTMSO's

Details: "This list is for SO's of transgendered persons on the masculine end of the gender spectrum. This generally means SO's of FTM's/Transmen or those considering transition. Here, SO's can talk about our own issues and get support from others. This list is open to SOs with *ANY* gender or sexual orientation or background."

<http://groups.yahoo.com/group/FTMSOs/>

Lesbian Services Program - T-Partners Support Group

Details: Discussion group for people in a relationship with gender nonconforming, gender-queer, and trans-identified individuals.

First and Third Wednesdays 7:00 pm - 8:30 pm in DC.

Drop in- 1810 14th St, NW

http://www.wwc.org/GLBT_health_services/lspgroups.htm

1801 14th St, NW

Washington, DC 20009

Dawn Boutelle 202-797-3586 or dboutelle@wwc.org



Support - Spouse/Partners of TGs

Online Support Group for Female Partners of FTMs

Details: This is a Yahoo Group for women who are in relationships with FTMs. It is owned and run by women to give a safe space for women partners to talk about any issues that relate to their lives as female partners of male-identified FTMs (and those female-bodied people who are questioning their gender identity and expression).

<http://groups.yahoo.com/adultconf?dest=%2Fgroup%2Fwomen-partners-of-ftms%2F>

Support Group for Partners of Transfolk - GLCCB

Details: To be determined...Coming soon

<http://www.glccb.org>

Transitional Male

Details: Educational website for trans men, friends, family, and significant other.

<http://www.thetransitionalmale.com/SiteIndex2>



Support - Students

All Inclusive-Community College of Baltimore at Catonsville

Details: An organization for all Catonsville students and members of the community who advocate the right to sexual affectional orientation
<http://www.ccbcmd.edu/clubs/cat/allinclusive/>
800 South Rolling Road
Catonsville, MD 21228
410-455-4973

American University GLBT and Ally Resource Center

Details: American University's GLBT and Ally Resource Center
<http://www.american.edu/ocl/glbta/>
201 Mary Graydon Center, 4400 Massachusetts Ave, NW, Washington, DC 20016
202-885-3347

Bisexuals, Gays, Lesbians, and Allies for Diversity- Goucher

Details: A student organization dedicated to providing support for gay/lesbian/bisexual/transgendered students, faculty, staff, and their allies; raising awareness of gay/lesbian/bisexual/transgender issues through campus-wide events, which include speakers, films, discussion groups, and social activities'
Colin Riley and Janelle Peters
1021 Dulaney Valley Road
Baltimore, MD 21204
colin.riley@goucher.edu

Diverse Sexuality and Gender Alliance

Details: DSAGA is the LGBT student organization on the Homewood Campus of the Johns Hopkins University.
<http://www.jhu.edu/~dsaga/>
Levering Hall
3400 North Charles Street
Baltimore, MD 21218
410-516-4088
dsaga@jhu.edu



Support - Students (cont'd)

Freedom Alliance-University of Maryland, Baltimore County

Details: Freedom Alliance works to support Lesbian, Gay, Bisexual, Transgender students, faculty, and staff and all allies.

1000 Hilltop Circle

UC Box #26

Baltimore, MD 21250

410-455-6370

freedom-board@lists.umbc.edu

Gay, Lesbian, Bisexual, Transgenders and Allies- Frostburg State University

Details: To unite members of the gay, lesbian, bisexual, transgender and ally community together for support

bfischer@frostburg.edu

Georgetown University Safe Zone

Details: The Safe Zone Program trains individuals of all levels of familiarity with LGBTQ issues on how to become a better Ally to the community

<http://lgbtq.georgetown.edu/safezone.html>

325 Leavey Center

Washington, DC 20057

202-687-3704

LGBT Student Center-Towson

Details: "Provides the campus community with resources on issues of the LGBT community and provides individuals with a safe environment in which to be themselves."

<http://wwwnew.towson.edu/lgbt/>

8000 York Road

Psychology Building, Room 307

Baltimore, MD 21252

lgbtcenter@towson.edu



Support - Students (cont'd)

Loyola Spectrum-Loyola College

Details: All-inclusive group founded in the Jesuit tradition of men and women for others. It fosters open and honest discussion about the diverse issues surrounding sexual orientation and sexual minorities, and does so with an educative intent.

<http://www.loyola.edu/campuslife/studentactivitiesandorganizations/spectrum/index>

4501 N. Charles Street, MS 2170

Baltimore, MD 21210

410-617-2990

spectrum@loyola.edu

Maryland Institute Queer Alliance- Maryland Institute College of Art

Details: A variety of programming, support, education, and social activities for gay, lesbian, bisexual, transgendered, straight, and questioning students at MICA.

1300 West Mount Royal Avenue

Baltimore, MD 21219

410-225-2284

McDaniel Allies- McDaniel College

Details: McDaniel Allies is a group offering support and advocacy for gay, lesbian, bisexual, transgendered, transsexual and questioning students, and their allies.

<http://groups.yahoo.com/group/AlliesWMC/?tab=s>

Rainbow Soul (Morgan)

Details: Rainbow Soul is Morgan State University's Gay-Straight alliance in which students discuss issues related to their sexual orientation and sponsor diverse activities open to the Morgan community.

http://groups.yahoo.com/group/rainbow_soul/

1700 East Cold Spring Lane

Baltimore, MD 21251

202-210-0481

vanessa_bowling@yahoo.com



Support - Support Hotlines

AIDS Hotline

Details: Referrals to AIDS clinics and support
1-800-342-AIDS

GLBT National Health Center

Details: The Gay, Lesbian, Bisexual and Transgender National Hotline provides telephone and email peer-counseling, as well as factual information and local resources for cities and towns across the United States.

<http://www.glnh.org/>
1-800-843-4564

The Trevor Project

Details: The Trevor Project operates the only nationwide, around-the-clock suicide prevention helpline for gay and questioning youth. Every day, The Trevor Project saves lives through its free and confidential helpline, its website and its educational services.

<http://www.thetrevorproject.org>
1-866-488-7386



Support - Other

AIDS Hotline

Details: Referrals to AIDS clinics and support
1-800-342-AIDS

Aqua DC

Details: AQUA is an organization for queer APIs, by queer APIs, focusing on queer API issues and interests. We strive to promote the positive outlook and welfare of our members through advocacy, education, outreach, and social events

<http://www.aquadc.org>

PO Box 44136

Washington, DC 20026

aquadc@gmail.com

Capital Area Physicians for Human Rights

Details: Organization of GLBT Health Care Professionals and students living in the DC Metropolitan Area. It serves as an educational, networking, and social organization which provides and opportunity for bringing together GLBT Health Care Professionals in a gay-friendly setting." Provides a list of gay friendly doctors, physicians, dentists, psychiatrists, counselors and other physical and mental healthcare providers.

<http://www.caphr.org>

PO Box 53221

Washington, DC 20009

202-943-518



Support - Other (cont'd)

Different Avenues

Details: Different Avenues is a non-profit agency located in northeastern Washington, DC. They provide services to youth and young adults, ages 12 to 30 years, who are homeless or living in insecure housing. Many of their clients are transgender, gay, lesbian or bisexual. They also help youth who themselves are parents, as well as parents of youth. They work with people who engage in street survival strategies. Their services also includes counseling, a drop in center, and outreach.

<http://www.differentavenues.org>

821 Upshur St NW, Ste B

Washington, DC 20011

202-829-2103

Hearts and Ears: Dual Recovery Anonymous

Details: Tuesdays 6:30 - 7:30 pm: Dual Recovery Anonymous

This group's primary purpose is to assist individuals who are dually diagnosed with both a chemical dependency and with a mental illness.

DRA's meetings help to prevent relapse and assist with carrying the message of recovery with persons who have a desire to manage both alcohol and other intoxicating drugs.

<http://heartsandears.org/groups.html>

10 W. Biddle St

Baltimore, MD

410-528-0444

heartsandears@toast.net



Support - Other (cont'd)

HIPS

Details: HIPS' mission is to assist femal, male, and transgender individuals engaging in sex work in Washington, DC in leading healthy lives. Utilizing a harm reduction model, HIPS' programs strive to address the impact that HIV/AIDS, STIs, discrimination, poverty, violence and drug use hae on the lives of individuals engaging in sex work.

<http://www.hips.org>

PO Box 21394

Washington, DC 20009

202-232-8150/ HOTLINE: 1-800-676-HIPS

HIPS@hips.org

National Association of LGBT Addiction Professionals and Their Allies (NALGAP)

Details: NALGAP provides information, training, networking, and advocacy about addiction and related problems, and support for those engaged in the health professions, individuals in recovery, and others concerned about the health of gender and sexual minorities.

<http://www.nalgap.org>

1001 N. Fairfax St, Suite 201

Alexandria, VA 22314

The Intersex Society of North America (ISNA)

Details: The Intersex Society of North America (ISNA) is devoted to systemic change to end shame, secrecy, and unwanted genital surgeries for people born with an anatomy that someone decided is not standard for male or female.

<http://www.isna.org/>



Support - Other (cont'd)

The Lambda Center

Details: A Washington, DC based mental health, substance abuse and addictions treatment center specifically designed for the GLBT communities. The Lambda Center provides inpatient care, a partial hospitalization treatment program, and intensive group therapies. A partnership of Whitman-Walker Clinic and the Psychiatric Institute of Washington

<http://www.thelambdacenter.com>

4228 Wisconsin Ave, NW

Washington, DC 20016

202-885-5610

The Triangle Club

Details: Welcome to the Triangle Club, a non-profit organization serving the gay, lesbian, bisexual and transgendered (GLBT) 12-step recovery community of the Washington DC area. Our mission is to provide a safe and dependable space where GLBT people may hold their meetings in accordance with the 12 Steps and Traditions of Alcoholics Anonymous. We also foster an environment for fellowship, education, spiritual support and social opportunities. We are proud to have been of service to the GLBT recovery community since 1990.

<http://www.triangleclub.org>

2030 P St., NW

Washington, DC

202-658-8641



Youth Resources - Support

AIDS Hotline

Details: Referrals to clinics providing HIV and AIDS support
1-800-CDC-INFO (232-4336)

COLAGE DC

Details: COLAGE is a national organization that specifically supports children, youth and adults with LGBTQ parent(s).

<http://www.colage.org>
301-596-1838

Different Avenues

Details: They provide services to youth and young adults, ages 12 to 30 years, who are homeless or living in insecure housing. Many of their clients are transgender, gay, lesbian or bisexual. They also help youth who themselves are parents, as well as parents of youth. They work with people who engage in street survival strategies. Their services also include, counseling, a drop in center, and outreach.

[http:// www.differentavenues.org](http://www.differentavenues.org)
821 Upshur St NW, Suite B
Washington, DC 20011
202-829.2103

Directing In-need Gay Youth To Services (D.I.G.Y.T.S.) Youth Hotline - GLCCB

Details: The DIGYTS youth hotline offers Baltimore and central Maryland youth ages 21 and younger a safe and supportive environment to talk to trained peer counselors about their issues and receive referrals to trusted community service providers. The DIGYTS youth hotline operates Tuesday - Thursday from 6:00 p.m. to 8:00 p.m.

<http://www.myspace.com/digyts>
241 W. Chase St.
Baltimore, Md 21201
410-234-8057



Youth Resources - Support (cont'd)

Families In TRANSition

Details: A comprehensive publication to address the needs of parents and families supporting their trans children. Families in TRANSition summarizes the experiences, strategies, and successes of a working group of community consultants - researchers, counsellors, parents, advocates as well as trans youth themselves.

http://www.ctys.org/about_CTYS/FamiliesInTransition.htm
416-924-2100

GLBT National Health Center

Details: The Gay, Lesbian, Bisexual and Transgender National Hotline provides telephone and email peer-counseling, as well as factual information and local resources for cities and towns across the United States.

<http://www.glnh.org/>
1-800-843-4564

Metro TeenAIDS

Details: Based in DC, Metro TeenAIDS runs a diverse set of outreach, education, advocacy and community-level programs aimed at helping young people at risk of HIV infection and supporting those who are already affected by HIV/AIDS.

<http://www.metroteenaids.org>
PO Box 15577, Washington DC, 20003
202-543-9355

National Network for Youth

Details: "National non-profit organization that provides education, networking, training, materials, and policy work with lawmakers. Focus on needs of disconnected youth through advocacy, innovation, and services."

<http://www.nn4youth.org>
1319 F St, NW, Suite 401
Washington, DC 20004
202-783-7949



Youth Resources - Support (cont'd)

National Runaway Hotline

Details: Our mission at the National Runaway Switchboard is to help keep America's runaway and at-risk youth safe and off the streets.

<http://www.1800runaway.org/>
1-800-231-6946

National Runaway Suicide Hotline

Details: The goal of crisis intervention is to help you help yourself. We will use active listening skills to help you process your feelings and the facts about your situation.

<http://www.geocities.com/Wellesley/9691/teenrunaways.html>
1-800-621-4000

Oasis

Details: A writing community for queer and questioning youth

<http://www.oasisjournals.com>

Rainbow Youth Alliance

Details: Affiliated with PFLAG; provides a safe space for youth (up to age 22) who are GLBT and their allies. Offers monthly support group meetings.

<http://www.infowebpage.org/rya>
7426 Cradlerock Way, Columbia, MD 21045
410-290-8292

Sexual Minority Youth Assistance League (SMYAL) - DC

Details: Based in DC, SMYAL's mission is to promote and support self-confident, healthy, productive lives for LGBTQ youth as they journey from adolescence into adulthood. To fulfill our mission, we concentrate our commitment and energy on five focus areas: (1) Life Skills & Leadership Development, (2) Counseling & Support, (3) Health & Wellness Education, (4) Safe Social Activities, and (5) Community Outreach and Education

<http://www.smyal.org>
202-546-5940



Youth Resources - Support (cont'd)

Sufficient As I Am (SAIM) - GLCCB

Details: SAIM is a support/social group for GLBT and questioning youth and young allies, ages 24 and under. Meetings are held at the GLCCB

<http://www.saim.us/>

GLCCB , 241 W. Chase St

Baltimore, MD, 21201

410-837-4114

The Trevor Project

Details: 24/7 toll-free crisis and suicide prevention helpline for LGBTQ youth. They also provide The Trevor Survival Kit and Teaching Guide for adults working with LGBT youth

<http://www.thetrevorproject.org/helpline>

866-4-U-Trevor (866-488-7368)

Trans Spectrum - Lesbian Services Program

Details: Offered two-four times a year - 10-week psychosocial and education group for gender queers aged 18-25 who are experiencing some conflict/ambiguity around gender identity and sexual orientation.

Registration is required.

http://www.wwc.org/GLBT_health_services/lspgroups.htm

202-797-3580

Email: lspwwc.org

TransProud - The Transgender Youth Resource

Details: TransProud is OutProud's network for transgender youth.

OutProud, The National Coalition for Gay, Lesbian, Bisexual &

Transgender Youth, serves the needs of these young men and women by providing advocacy, information, resources and support

<http://www.transproud.com/index.html>



Youth Resources - Support (cont'd)

Youth Guardian Services

Details: "Youth Guardian Services is a youth-run, 501(c)(3) non-profit organization that provides support services on the Internet to gay, lesbian, bisexual, transgendered, questioning, and straight supportive youth."

<http://www.youth-guard.org/about/>

Youth Pride Alliance

Details: Youth Pride Alliance is an organization for LGBT, queer, questioning and ally youth working on empowerment to encourage positive self-development and expression, as well as leadership, while bridging diverse communities and individuals to address issues of visibility, equality, and social justice.

<http://www.youthpridedc.org>

PO Box 33161

Washington, DC 20009

202-387-4141

Youth Resource

Details: Website by and for GLBTQ young people

<http://youthresource.com/living/trans.htm>



Youth Resources - Advocacy

Advocates for Youth

Details: A great resource for both GLBTQ youth, parents of GLBTQ youth, and adults who work with youth

<http://advocatesforyouth.org/glbqtq.htm>

202-347-5700

Family Equality Council

Details: Works to ensure equality for LGBT families by building community, changing hearts and minds, and advancing social justice for all families.

<http://www.familyequality.org>

National Network for Youth

Details: Provides education, networking, training, materials, and policy work with lawmakers. Focus on needs of disconnected youth through advocacy, innovation, and services.

<http://www.nn4youth.org>

1319 F St, NW, Suite 401

Washington, DC 20004

202-783-7949

National Youth Advocacy Coalition (NYAC)

Details: Advocates for and with young people who are lesbian, gay, bisexual, transgender, or questioning (LGBTQ) in an effort to end discrimination against these youth and to ensure their physical and emotional well being."

<http://www.nyacyouth.org>

202-319-7365

The Gay, Lesbian, and Straight Education Network (GLSEN)

Details: Working to ensure safe schools for all students, regardless of sexual orientation and gender identity. They have good information on starting a Gay Straight Alliance at your school.

<http://www.glsen.org>

202-293-3358

